

Fall 2009

Check out the newsletter
on the LMS website:
www.lwsd.wednet.edu

LMS Cougar Pride

POST

Important Dates to Remember:

- October 23rd: Girls Soccer and Boys Basketball Begins
- October 27th: Honor Roll Breakfast
- October 30th: Harvest Dance
- November 6th: 1st Quarter Ends, Report Cards
- November 11th: No School, Veteran's Day
- November 13th-20th: Fall Book Fair
- November 17th: District Choir Festival
- November 17-20th: Half Days
- November 18th and 19th : Conferences
- November 25th-27th: No School, Thanksgiving
- December 21st-Jan. 1st: No School, Winter Break
- January 18th: No School, MLK Jr. Day

Lakewood Sports Booster Club

Did you know... that Lakewood Sports Booster Club supports ALL athletics in the Lakewood School District? The booster club supports our athletes in a number of ways including college and camp scholarships, special equipment, trophy case support, signage and recognition of special accomplishments of our athletes, and assisting with special requests from our coaching staff. The booster club helps support the ASB concession stand, and provides coaches lunches during workshops and trainings. Lakewood Sports Booster Club is a 501(c)(3) Organization and as a non-profit organization can assist teams in their fundraising endeavors.

Recent examples of the Lakewood Sports Booster Club's support include the new Sport Boards in the High School Gymnasium, and helping to purchase new visitors bleachers for the North side of the Stadium. The booster club was also pivotal in getting LHS athletic passes established for admission into all home athletic events.

But, the Lakewood Sports Boosters need your help! Our membership is down this year, while our administrative and operating costs continue to increase. Please consider joining the Lakewood Sports Booster Club. Family memberships are just \$20 per year. Membership is open to adults who are family members of Lakewood athletes, coaches, alumni and community members. Your membership not only helps support the club financially, but it keeps you in the loop by communicating upcoming events and special requests. Membership registrations can be found on the Lakewood School District Website. Click on Lakewood High School, then Sports, then Booster Club to find a downloadable registration form. You can also call 425-293-6742 or contact lhsbooster@wavecable.com for more information, or plan to attend the next membership meeting on Monday, November 9, 6:30pm at the LHS library.

Finally, don't forget to save the date for our annual Booster Club Dinner and Auction to be held Saturday, March 13, 2010 at the Stillaguamish Senior Center!

Harvest Dance



The LMS Leadership classes are putting on a Harvest Dance Friday, October 30th. Admission is \$6 without an ASB card and \$4 with an ASB card. Bring in two non-perishable food items and receive \$1 off admission! All food items will be donated to the Harvest Food Bank in Marysville.

Don't Forget to Set Your Clocks!

Daylight savings time ends on

Sunday, November 1st.

Don't forget to set your clocks

back one hour!

Homework Hotlines

In order to not interrupt class activities, please wait until after school hours to call the homework hotlines. When calls are made during school hours, the classroom telephone rings and causes a disruption. Thank you.

Fundraiser Results

Thank you to all who supported our Annual LMS Fundraiser! Together, we collected a grand total of \$23,620!

Cookie Dough Pick Up

If your student sold any cookie dough for the LMS fundraiser, it will need to be picked up on Thursday, November 12th from 2:30-6:00 pm in the LMS Commons. Please make arrangements to pick up cookie dough as soon as possible as we have no place to store the frozen dough overnight. If you have any questions, please contact the LMS office at 652-4510.

Conferences

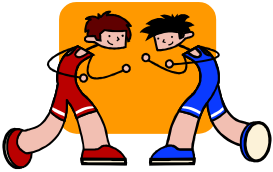
Lakewood Middle School conferences are coming! There is no need to schedule an appointment. The conferences will be arena style which means 6th and 7th grade teachers will be in the commons and all 8th grade teachers will be set up in Cougar Hall to meet with parents/guardians on a first-come first-serve basis.

November 18th from 11:40am-2:30pm and November 19th from 11:40am-2:30pm and 4:30pm-7:00pm.

Fall Sports Begin!

Girls Soccer– Practice Begins October 23rd; Coaches Janet Gwyther and Candy Skaugrud
Boys Basketball– Practice Begins October 23rd; Coach Craig Henderson and Ron Detrick

Lakewood Middle School feels strongly that academics come first. Therefore, students must not have any failing grades. Students are expected to maintain a 2.0 GPA. Grade checks are done every 2 weeks of each sports season. If a student has a failing grade, they are placed on a two week probation to raise their grade. During that time, students may participate in practices, but they may not participate in actual games. If a student is absent from school, he/she will not be able to participate in practice or games scheduled that day.



In order for an athlete to participate in athletics, all paperwork must be completed prior to the first practice. Athletic registration packets are available on our website or may be picked up at the Middle School Office. The athletic packet includes parent permission, emergency card, physical paperwork, insurance information, sport waiver, and concussion information sheet. The packet must be turned in to the athletic director, Rob Dahl. You can reach him at 360-652-4510 ext. 3016. The athlete will also be required to purchase an ASB card and pay a \$20 participation fee.

Cold Season and Medication At School

The health rooms in the school district are already seeing many ill students. If your student is home with fever or vomiting, please remember that school board policy states the child should be fever free and/or no vomiting for 24 hours before sending them back to school (Board Policy #5433). We appreciate your cooperation.

Please remember that cough drops are considered a type of over-the-counter medicine and should not be used at school without a completed medication authorization form from your health care provider and parent. In addition, the cough drop package also needs a pharmacy label. An acceptable alternative to cough drops would be hard candy, such as lemon drops or jolly ranchers. There are also several types of sugar free hard candies available in stores. Please write a note, so your child's teachers know the hard candy is here for a reason. If you have any questions, please contact your middle school nurse, Laura Bry @ 360-654-2123 or the Lakewood District Nurse, Ann McCrea @ 360-652-4501, ext. 7105.



Flu Season

Lakewood School District asks for your help in keeping our students and staff as healthy as possible!

FLU SYMPTOMS (seasonal and H1N1)

Typical symptoms of the flu include:

FEVER (100.4 degrees or higher) AND cough and/or sore throat often accompanied by body aches and fatigue.

PLEASE KEEP YOUR CHILD HOME WITH THE FLU!

Lakewood School District policy states:

No return to school until fever has been gone for 24 hours without fever reducing medicine (for most flu cases, this usually means a minimum of 3-5 days away from work/school– up to 7-10 days usually).

If your child has been sent home or stayed home with a fever, we will be closely monitoring their status upon return to school to prevent other students and our staff from becoming ill.

For more information, please visit the Lakewood School District website: www.lwsd.wednet.edu

LMS Fitness Force



We are looking for 6th and 7th grade Parent Volunteers to join the LMS Fitness Force. Over the past year, the fitness results for LMS students have risen due to a year-round fitness promotion program that has been funded by the Lakewood Education Foundation. The purpose of the LMS Fitness Force is to continue this brainstorming and implementing simple and easy to run fitness promotions that will help our kids stay active and increase their fitness.

If you would like to join or have questions about the LMS Fitness Force, please contact Paul Clinton, LMS Physical Education.

pclinton@lwsd.wednet.edu or 360-652-4510 ext.3031

Meal Time Just Got Easier!

LMS has chosen MealTime Online to provide the opportunity for you to make credit card deposits into your student's cafeteria account or view your student's purchase history via the internet. You will need to email ldavis@lwsd.wednet.edu to get your student's pass code and set up the account.

You can view MealTime from our district website under school nutrition or you can go to www.mymealtime.com. For more information, contact the LMS office at 360-652-4510.

Counseling

Two counselors comprise the Counseling and Guidance Department of LMS. Mrs. Bartness works with 7th and 8th grade students and Mr. Gassman works with 6th grade students. These professionals can help students with school, personal, and social issues. You may contact your child's school counselor by calling the Lakewood Middle School office at 652-4510.

Grief Support Group For Kids and Teens

Providence Hospice and Home Care offers a monthly support group called **Standing Together** for kids and teens who have experienced the loss of a loved one. Reports indicate that 1 in 20 students will lose a parent due to death by the time they graduate from high school. Students also suffer other significant losses due to death - grandparents, siblings, cousins, friends - that can impact a student's learning and make them feel isolated from peers. This resource is free of charge and gives kids an opportunity to be with others of similar age to share experiences and get support. Some topics may include feelings, special holidays, sleep and dreams, self-care, how to share with friends, and more. There is also a group that meets at the same time for parents to receive support. The group meets on the third Saturday of each month in Everett, beginning October 17th, and a free pizza lunch is included. You can find out more by calling 425-261-4807 or contact your student's school counselor.

College Bound Scholarship

7th and 8th grade students who qualify for free and reduced lunch are most likely eligible to apply for the Washington State College Bound Scholarship and get up to four years of higher education paid for by the state. You can also sign up for this scholarship if you are a foster youth, receive TANF benefits, or meet the family income requirements in the chart found at <http://www.hecb.wa.gov/paying/waaidprgm/CollegeBoundScholarship.asp>. Students have to pledge to graduate from high school with a GPA of 2.0 or higher (C average), demonstrate good citizenship and stay crime-free. Students must apply for the scholarship by June 30th of their 8th grade year, but why wait!?! For more details, or a list of eligible programs and colleges, check out the website at www.hecb.wa.gov and click on College Bound Scholarship or contact Marli Bartness, LMS 7th & 8th grade counselor, at 360-652-4510.

Yearbooks

Do you have some great photos to share with LMS? eShare is a simple way for students, parents, teachers, coaches and others in the school community to upload pictures to a secure site for possible use in the yearbook.

To login, go to www.hjeshare.com and enter our school code 2021378.



Have you purchased a yearbook yet? Make sure to pre-order your student's yearbook this year. Last year they sold out! You can purchase one for \$30 in the LMS office.

Health Concerns Form

Important! Parents/Guardians, please complete and return the health concerns form that was mailed home to you in September. Even if there are no health concerns at this time or no changes to your student's health status, it is important that we have the form signed, dated and returned. If you need a new form, please send your student to the office to pick one up or call the office at 652-4510.

Reading Rocks!

Reading Rocks is a contest where students are asked to read at least two of eight nominated titles and then take a one-question quiz for the books before the middle of March. Students earn tickets to go into a drawing for prizes with every book they read. Students vote for their favorite book of the eight they read in March. Many exciting titles are on the new list of nominees for this year! If you are interested in having your student read the nominated titles for this year's contest, please have them stop by the library to pick up the list OR go to <http://www.lwsd.wednet.edu/ms/librarysummerread.html> to see the list online. If you have any questions, please contact Nadine Roys in the LMS Library.

District Choir Festival

The annual Lakewood District Choir Festival will be on Tuesday, November 17, at 7 P.M at the Lakewood High School Gym. Each year the Lakewood music teachers bring their choirs to share choral music with each other and to sing one song as a large, district choir of over 200 students. This year, the large choral piece is an arrangement of legendary jazz artist, Cab Calloway, Everybody Eats When They Come to My House. The song depicts an enthusiastic host, who is determined that his guests are well fed.

Lakewood School District is privileged to have Andy Marshall as their guest conductor this year. Andy Marshall has been singing since he was in grade school and fell in love with vocal jazz when he was in high school. He was attracted to Edmonds Community College because of its excellent vocal jazz program. He sang in their select vocal jazz choir, Soundsation. This experience launched him into a six-year professional career as an a-cappella performance artist with the contemporary a-cappella group of Kickshaw. Kickshaw performed for countless school, corporate and community events in hundreds of venues all over the west coast. His desire to learn about the world and experience its music drew him into service in the Peace Corps in the West African country of Mali. Andy holds a B.A. in music from Western Washington University and obtained a Masters in Teaching from the Woodring School of Education. He currently teaches and resides in Bellingham with his beautiful wife and two children.

District Phone Numbers

Administration Office	360-652-4500
Business Office	360-654-2033
Lakewood High School	360-652-4505
Lakewood Middle School	360-652-4510
Cougar Creek Elementary	360-652-4517
English Crossing Elementary	360-652-4515
Lakewood Elementary	360-652-4520
Operations Office	360-652-4503
Transportation Department	360-652-4525

Check Your Student's Grades and Assignments Online!

Lakewood Middle School uses a Web module called Family Access. Family Access allows guardians to become more involved in their student's education. Families can take an active role in assisting students. The technology raises awareness in the community of the school district's educational efforts by opening additional lines of communication between guardians and the school.

Family Access allows online access to a wide variety of student information such as attendance, current grades, classroom assignments and classroom messages. We recommend you check Family Access on a weekly basis.



Review Progress Reports and Report Cards With Your Student

November 6th– 1st Quarter Ends; Qtr. 1 Report Cards

December 15th– Mid Quarter; Progress Report Cards

January 28th– 2nd Quarter/1st Semester; Qtr. 2 Report Cards Mailed

March 9th– Mid Quarter; Progress Report Cards

April 16th– 3rd Quarter Ends; Qtr. 3 Report Cards

May 18th– Mid Quarter; Progress Report Cards

June 17th– 4th Quarter /2nd Semester; Qtr. 4 Report Card Mailed

All report cards are given to students within a week after the grading period ends, except for the semester-end report cards, which are mailed home. Parents are encouraged to contact the teachers with any questions or concerns.



Visitors

Parents/guardians are welcome to visit the school. However, all classroom visitors must be arranged at least 24

hours in advance with the principal. All visitors are required to register in the LMS office to obtain and wear a visitor badge while on campus. Parents/guardians are required to wait in the office for their student.

Lost and Found

There are currently many items in the lost and found located in the commons! To eliminate excessive amounts of items in the lost and found, items not claimed are donated to Kids' Kloset the first Thursday of every month. Please take a few extra minutes to mark your child's name on their clothing and please have your child check the lost and found for any misplaced items.

Homework Requests

Homework requests for students who will be absent for more than (2) days should be made through the office when reporting absences. 24-hour advance notice is required when requesting to pick-up homework assignments.

Attendance

Regular school attendance is necessary for mastery of the educational program provided to students. At times, students may be appropriately absent from class. Absences due to illness or a health condition, religious observances, school approved activities, and family emergencies shall be excused. Given individual circumstances, students with lengthy or multiple absences may be asked to produce a doctor's note verifying the illness or physical ailment. Absences that are considered **unexcused** include student or parent oversleeping, missed bus or other transportation problems, student needed for babysitting or student job requirements.

Parent/Guardians: Please call the school secretary by 8:00 AM on the day your student will be absent. For your convenience, you may leave a message at 360-652-4510 twenty-four hours a day. Please do not contact your students teachers directly to report an absence.

If a phone call is made, the student does not need to bring a note to school from the parent/guardian indicating the reason for absence on the day he/she returns to school. All other students **MUST** produce a written excuse signed by the parent/guardian and present it to the office staff on the day the student returns. If your student knows ahead of time they are going to be absent from school for an extended period of time, they need to complete a pre-arranged absence form available in the office.



Important- Update Contact Information/Health Concerns

It is very important for the office to have correct contact, emergency, and health information on file. If you have a change of address, phone number or any health concerns, please notify us as soon as possible when any changes occur. Legal concerns including restraining orders and parenting plans will need to be brought to our attention. Legal paperwork must be provided.

Transportation

Transportation information line: 652-4501

Office Hours: 6:30am-4:30pm school days

Anytime that traffic and/or road conditions affect the operation of school buses, a recorded message will be updated providing you as much information as possible. The information Line can be reached by dialing direct 652-4501, and pressing ext. 9061.

During inclement weather, every effort is made to update this line and department voicemail by 5:30 am when there are conditions that will affect transportation service.

Video/Audio Recording on Buses

For safety and student behavior management, activity on school buses is now recorded by video/audio recording systems installed in Lakewood School District buses.

School Bus Stops

Students should be waiting at their designated school bus stop at least five minutes prior to the published stop time for the stop. Drivers are instructed not to arrive at stops early, and also not to wait at stops for students who are not there. Please help us to be on time by being at your stop five minutes early.

Students are allowed to depart the bus only at their assigned stop. Exceptions to this can only be made by pre-arrangement with a note from a parent delivered to the school office.

Bus Rules of Conduct

- Students must obey the driver and any other staff member assigned to the bus.
- Students may only ride their assigned bus unless pre-arrangements have been made.
- Students are not allowed to depart the bus at any stop other than their assigned stop.
- Students must remain in the seat assigned by the driver.
- Students shall observe classroom conduct on the bus. Noise shall be kept to a minimum, and no obscene language or gestures.
- Students shall remain quietly seated, no exhibit disruptive behavior and turn off all noise-making devices at rail road crossings.
- Students shall not smoke or ignite lighters or matches on the bus.
- No eating or drinking on the bus unless specifically allowed by the driver.
- Students must keep all body parts inside the bus at all times.
- Items prohibited on the bus include: sticks, breakable containers, weapons (real or toy), skateboards and large and bulky items that cannot be held in lap or between legs on the floor.
- Students shall go directly to a seat upon loading the bus and remain properly seated at all times while on the bus (seated facing forward).
- Students must load and unload the bus in an orderly manner, not pushing or shoving.
- Students shall not cross behind the bus. Always cross in front when loading or unloading the bus.
- Students shall go directly to their home after leaving the bus.
- Students shall use lap belts on buses if equipped.
- Students shall follow emergency exit drill procedures as instructed by drivers.
- Students shall not tamper with emergency doors or equipment.
- Parents of students identified causing damage to buses shall be charged with the cost of incurred damage.
- Student misconduct shall constitute sufficient reason for suspending transportation privileges.

Bus Passes

Students wishing to ride a bus other than their regularly assigned bus must secure a bus pass in advance. The parent/guardian is asked to provide the student with a written note indicating the day and bus route for which the pass is to be issued. **Bus passes cannot be issued over the phone. You may fax a note to 360-652-4512, attention Connie Coulter. Bus passes will not be issued on half days without notification at least one day in advance.**

Weather Conditions and School



Every effort is made by the district to operate schools every day of the school year. However, on those rare occasions of extreme weather conditions, school starting times may be delayed, bus transportation may be limited, or school may be closed altogether.

Families should listen to AM radio stations KWYZ (1230), KRKO (1380), KOMO (1000) for updated school information on school closures. To hear a recording regarding bus route and schedule changes due to adverse weather conditions, please call 360-652-4501 ext. 9061. This information is also available on our website, <http://www.lwsd.wednet.edu>, and the LMS office message machine. If your student stays home from school, the office still needs a phone call from a parent or guardian stating that your child is home due to weather or transportation.

