

## Lakewood School District

### Wellness Policy Assessment – 2016-17

#### **Child Nutrition Program**

The child nutrition program is reviewed yearly to verify all foods sold to students meet all The USDA requirements. All foods sold to students during the school day are verified for compliance through the Smart Snacks calculator.

#### **School Based Programs**

Individual Schools choosing to implement food sales for fundraising purposes work through the School Principal to verify compliance with Smart Snack rules. Schools running programs selling foods (CET, DECA etc.) are working through the School Principal to verify compliance with Smart Snack rules.

#### **Physical Fitness**

Opportunities for fitness activity beyond PE include recess time, passing periods and unstructured play.

#### **Nutrition**

Nutrition education is part of the curriculum in specified programs including Health, PE, and Culinary Arts.

#### **Suggestions/comments included:**

Are all foods sold in the schools adhering to the smart snack regulations"

Are students getting enough physical fitness and exercise during the school day?