



April 6, 2017

Lakewood High School  
17023 11th Ave Ne Arlington, WA 98223

Dear Parents/Guardians:

Your child may have been exposed to mumps while attending Lakewood High School. Mumps is a highly infectious disease that can cause serious complications, including meningitis and encephalitis. Vaccination is the most effective strategy to prevent the spread of mumps.

Symptoms of mumps can occur up to 25 days after exposure to the illness. Watch for symptoms up to April 22, 2017. **Keep your child home from school and contact your health care provider if your child develops the following symptoms:**

- **Neck or jaw swelling, one or both sides**
- **Swelling of one or both testicles in males who have reached puberty**

**If your child develops symptoms, please take this letter with you to your health care provider visit. It is important to call the health care provider to arrange an exam in an isolation room and that your healthcare provider tests your child if mumps is suspected.**

Although the majority of students in Washington State (and in the Lakewood School District) have been vaccinated against mumps, some students and staff have not been vaccinated. These students and staff are at high risk to contract and spread mumps, placing others at risk, especially those who cannot be vaccinated (such as infants or persons undergoing certain cancer treatments).

To protect all students and staff, and to prevent the spread of mumps to the rest of the community, students who have not been vaccinated against mumps need to be excluded from school until they have been vaccinated, or until the 26<sup>th</sup> day following the onset of parotitis (swelling of the parotid salivary glands) of the last case of mumps in a school. The date to return if excluded is April 24, 2017.

Thank you for your help keeping Snohomish County healthy.

Sincerely,

Gary Goldbaum, MD, MPH  
Health Officer